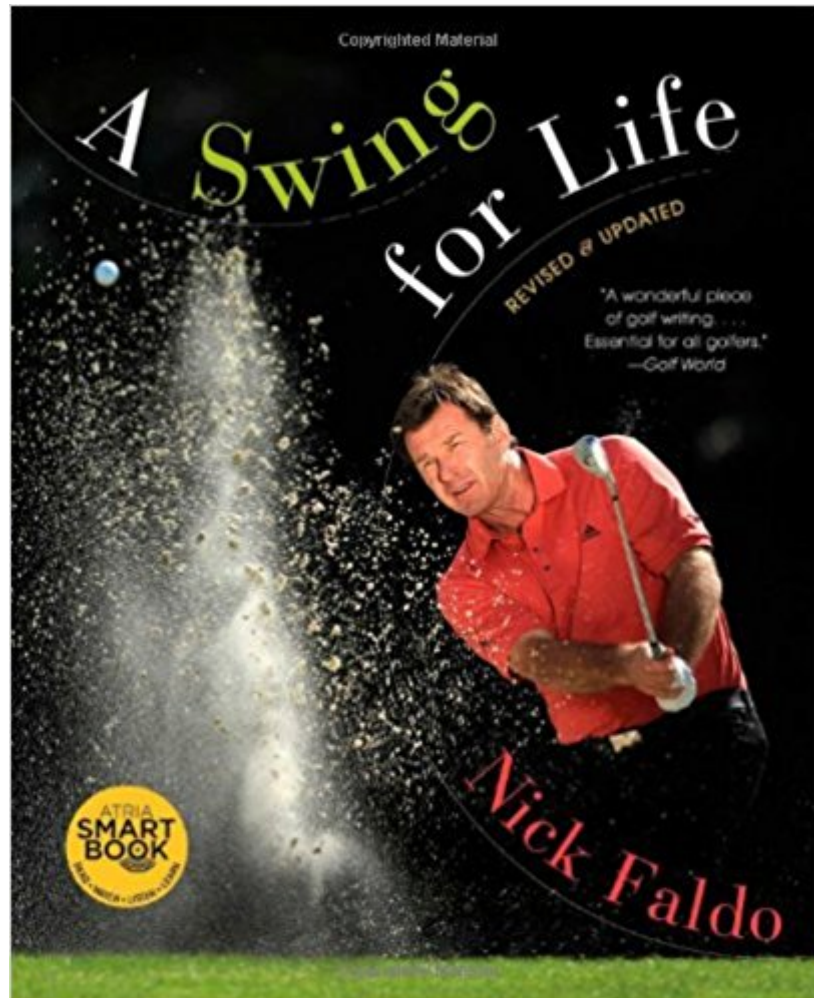




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A Swing For Life: Revised And Updated



Synopsis

An instructional guide to the perfect swing from one of golf's most successful players and well-known television commentators. "A Swing for Life represents the ultimate collection of lessons, swing thoughts, observations, and discoveries that I relied upon in a career dedicated to the game of golf." • Sir Nick Faldo Nick Faldo is one of the world's most accomplished and well-respected golfers. His name is synonymous with the dedication that is necessary to reach the highest levels of the professional game, and the patience with which he analyzed and fine-tuned his swing rewarded him with six major championships. In this extensive book • revised and updated from the 1995 classic • Faldo draws on the wealth of that experience to demonstrate the skills that lie at the heart of the game, tee to green. Revealing a collection of absolute musts that underpin golf's fundamentals, Faldo explains how to set in motion a chain reaction that inspires a flowing, repeating swing, a technique that can be applied to every club in the bag. There's a whole chapter dedicated to timing and tempo, featuring the drills and exercises Faldo used to maintain his own trademark rhythm, plus comprehensive lessons on modern driving strategy, short-game technique, bunker play, and the art of putting. Supporting his teaching throughout are superb photographs, as well as twenty-six original videos available for you to download from the book, adding a valuable dimension to the learning experience in every department of the game. For veteran golfers, Faldo's strategy on "working the ball" reveals the true talent of shot-making and control, while his practical advice on taking your game from the range to the course • the art of visualizing shots and reproducing your skills under pressure • is universally applicable. "At the highest level, golf is all about the respect a player has for the fundamentals • the lessons that have stood the test of time . . . and that's precisely the message that I am going to make sure comes across in this book." • So says Faldo in his introduction to what is essentially a master class from one of the game's most exacting students and prolific winners. A Swing for Life promises inspiration for anyone who has ever picked up a golf club.

Book Information

Hardcover: 288 pages

Publisher: Atria Books; Revised, Updated ed. edition (November 6, 2012)

Language: English

ISBN-10: 1451676530

ISBN-13: 978-1451676532

Product Dimensions: 8.4 x 1 x 10 inches

Shipping Weight: 2.9 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 55 customer reviews

Best Sellers Rank: #484,722 in Books (See Top 100 in Books) #93 in Books > Biographies & Memoirs > Sports & Outdoors > Golf #546 in Books > Sports & Outdoors > Golf #4056 in Books > Sports & Outdoors > Individual Sports

Customer Reviews

"A wonderful piece of golf writing...essential for all golfers." (Golf World)
"The six-time Major winner and former world No.1 takes a swing at dream rounds, wrong decisions and the lure of making a comeback." (John Naughton GQ)
"Might be as good an instruction book as any we've seen in recent years. It's certainly the most handsome...If any 'how to' book is worth the money, this is one." (Golfing)"I love how Nick favored control over distance. His swing always had perfect rhythm and balance. Nick Faldo defied convention in his approach to developing his game to achieve the pinnacle of golf. I admire his single mindedness and his efficient approach to the game. He did it his way." (Luke Donald)

Nick Faldo has been a professional golfer since 1976, and has won more than forty tournaments and six major championships. He has spent ninety-eight weeks total as the world's number one golfer. He is now primarily a television commentator and lead analyst for CBS and the Golf Channel.

This book is published with Microsoft tags throughout the book. Using a tag reader it is possible to retrieve video clips from the internet providing smooth action instruction on exactly what the text is attempting to describe. However, my experience with this feature is mixed. Yes, the videos are nice, but I find myself watching a video and still wondering what the key points were within the swing to which I should direct my focus. This brings us to the book itself. It contains many drills throughout the book that are intended to direct attention to particular parts of the swing. I am looking forward to warmer weather when I can go to the practice range and attempt to follow them with vigor. I must say, however, that I was somewhat disappointed in the section on driving. Mr. Faldo immediately jumps on the technology bandwagon and seems to become overly excited about electronic launch monitors and how great they can be for helping to diagnose a golf swing. Frankly, I don't have or want a launch monitor. I want to learn what a great shot feels like by observing the results of my

swing and repeating what he is describing as keys to great play. After all, I can't carry a launch monitor around on the course with me, but I can imagine the kind of swing I want, and concentrate on key points. Finally, useful tips are sprinkled throughout the entire book. Some of them come pre-highlighted in yellow, but these are not always what I would consider essential to my game. I plan to read the book at least two more times, each time with a different colored highlighter, and attempt to compile my own set of Faldo tips for the range and course. All in all, I would guess this book would be a welcome gift to any golfer of any skill level.

I've been a Nick Faldo fan all of my adult golfing life and also have both his videos as well as his book "Golf the Winning Formula". 25 years ago when I purchased his first video I was a struggling 16 handicapper and with the help of the video and some coaching from a pro that taught Leadbetter's way of swinging the club I managed to reduce it to 5. I only found out about "A Swing for Life" recently and purchased it to see if his philosophies had changed at all and to help me through a bit of a swing slump that wouldn't go away. As always I found myself engrossed and doing drills as outlined in the book and my swing coming back online and I am maintaining my 7 handicap. From the driver to putting and beyond this book is a comprehensive learning tool that will suit a beginner to the well established low handicapper with its well written explanations and complimentary videos available by pointing your smart phone at the new tag system in the book. Highly recommended.

The tag reader referenced in the book (gettag.mobi) is no longer available on the Internet.

This is one of the less mechanical golf books I have read, which surprised me based on Faldo's reputation for being mechanical. The text explains his approach. There are less drills than some other books, but each drill described is well chosen from the myriad of options of contorting yourself to get a "feel". I read this on an old-fashioned Kindle, so missed out of the the connected film clips when reading (I downloaded them into YouTube). Overall, I liked the book, it gave me a small set of focused drills for the range and doesn't encourage over-thinking.

Faldo really put his heart and soul in this book. He really did a great job of telling us exactly what he did to make his swing successful, so that we could try and do it to. He tried to exactly help us go about it. Nick did not fail us in that regard. Who failed us was Simon & Schuster and . You would expect when you pay the big price for the book, with names that big behind it, the videos would play.

They don't!

The size and heft of the book are amazing. It's about 10 inches x 12 inches and 274 pages of full color photographs, more like a coffee table book. It covers all aspects of golf: full swing, iron swing, short game, sand, chipping, putting. However, the most useful are the Microsoft Tags which you can scan with your tablet or phone. These go to proprietary YouTube videos which only this book owners can access. Each video shows Sir Faldo himself, talking you through an aspect of his swing thoughts, and shows him hitting the shot, plus useful drills. If you learn better from video, these are immensely helpful. The book goes into much more detail, which can be tedious narrative, but it's there if you need it. Nick has highlighted in yellow the key narrative, so you've got that going for you, which is nice. I haven't gotten 1/4 of the way through the book in a month, but have downloaded and watched all 23 of the videos. The book for me is more of a reference book, since I am an advanced golfer, but the book is fundamental for any golfer, beginner to advanced. The photography in the book shows step by step swing moves in color and is professionally done. A must-have for your golf library.

Best single golf instruction purchase ever. Very logical explanation of the swing with drills to support. The pictures in this new release make it better than a video in my book. Having a golf pro working with you weekly might be better but only if they were really able to explain what you should do; not just what you need to change. The explanations are very comprehensive but not overwhelmingly complex. Several of my buddies are tired of the same old golf game and I bought each one of them a copy of this book for Christmas. This is a reference I will visit over and over again and the drills make nice winter exercises.

Sir Nick the knight has shared some great insights into golf. I'm a 12 handicap right now. I downloaded the Tag app on my droid and was able to see most of the videos. I really like his down to earth style of sharing. The tips of tempo are very helpful as well as setting your wrist early. Highly recommend.

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